

AFTERCARE INSTRUCTIONS

Immediately following your PMU procedure it is normal to have some redness, swelling, bruising and oozing of the area.

Your brows, lips or eyeliner will also be darker and more defined for the first week.

To keep maximum pigment retention and to avoid infection we recommend following these guidelines.

Your artist will have given you his or her instructions according to your skin type.

For the first 7-10 days:

- NO Saunas
- NO Sun beds
- NO Steam rooms, spas or Jacuzzis
- NO Exercising (sweating)
- NO Fake tan
- NO Creams, cleansers, moisturiser or exfoliating near the treated area
- NO Wetting / washing your face
- NO Touching the area with your fingers
- NO Makeup near the area
- NO Swimming
- NO Whitening toothpaste (lips)
- NO Greasy, oily or spicy foods (lips)
- NO Licking your lips
- NO Citrus fruits or juices (lips)
- NO Excessive wiping and touching
- NO Hot showers / baths
- NO Facials

We advise for the first 48 hours to gently clean the area treated with damp cotton wool (moistened in sterile warm water – i.e. boil a kettle and pour into a small bowl allowing the water to cool down) to wipe away any residue very gently morning and evening. Pat dry with a clean tissue, again only for the first two days.

If you have particularly oily skin wipe around the brows and forehead area with witch hazel (not directly over the brows)

Apply a very THIN layer of the ointment provided to the area treated twice a day using a clean cotton bud – **NOT** your fingers

Lips you may apply more regularly i.e. four times a day, and a thicker layer for comfort.

REMEMBER this is a two-part procedure and requires you to attend your second session for any refinements or adjustments to the area treated. The final result cannot be seen or judged until full healing has taken place and you have had your follow-up session. In some (very rare) cases your skin and its ability to heal and retain pigment may require a third session. This will be charged according to the artist chosen and the work needed.

Please remember PMU is not to replace the makeup in your cosmetic bag but to enhance your features, naturally giving you the confidence to go without makeup if you so wish, but also give you a great base to follow when applying your makeup.

The machines and pigments we use are of the highest standard expected and our artists are trained to an exact standard, however we cannot guarantee results and ask that you understand that this procedure is not a **NO** maintenance procedure, but a **LOW** maintenance one. Just like your hair grows out and needs regular colour applied, and your Botox and fillers wear off and need refined, PMU is the same. Even though PMU remains in the skin for many years, it fades over time – this time is according to each individual and different factors affect the longevity of the procedure.

If you have oily skin your PMU will fade quicker. Also, if you are a sun worshipper or use sun beds it will fade quicker (if it's sunny outside you should be wearing a sunblock). Usage of AHA creams; exfoliating products; some strong astringent or toners; and / or any professional exfoliating treatments such as chemical peels; microdermabrasion will contribute to your PMU fading quicker. However, your PMU will not disappear overnight! They are called 'Permanent Cosmetics' because they will not wash off.

You may return months or years later for a session to refresh or redefine the area – your artist will advise you of how many sessions he or she thinks you may require.

PMU, when performed correctly, and by a professional can be life-changing and we are proud of our work and reputation.

We thank you very much for choosing us to enhance your precious face, it means a lot to us that you have trusted it in our hands.

Please value our time like we value you as a client and try where possible to cancel giving us 48 hours' notice otherwise we may have to apply a cancellation fee, thank you for your understanding.

If you have any questions regarding your newly applied PMU please do not hesitate to contact us.

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